

Where to find walking groups

These are the groups and clubs we know of in Sussex, particularly those based close to Mayfield and Five Ashes.

Please check on each groups website for their walks' programme and how to join a walk

- [Mayfield U3A \(University of the 3rd Age\)](#) organise from 3 to 6 miles in length
- [Ramblers – High Weald Walkers Group](#) – this group based in Crowborough organise 3 walks per week
- [Sussex 12 milers](#) who as the name suggests organise 12 mile walks in Sussex, one or two per month according to their planner
- [Society of Sussex Wealdmen](#) whose weekly walks are between 12 and 20 miles
- [Sussex LDWA \(Long Distance Walkers Association\)](#) organising walks that are usually between 15 and 25 miles
- [Oakleafe Rambling Club](#) a full programme of walking with company in East Sussex (and in Surrey) including introductions to Nordic Walking
- [Walking for Health](#) – the link shows groups within 5 miles of Mayfield and Five Ashes which are at Heathfield, Crowborough and Uckfield. The site also provides information on [walking with health conditions](#)
- [Sussex Walking Clubs](#) – a list of clubs based in Sussex